

GreaterGood.org's The Jackson Galaxy Project, Petco Foundation, and Halo® Pets present the first annual:

**NATIONAL  
HIGH-FIVE DAY  
CONTEST**

Learn more at [www.felinehighfive.com](http://www.felinehighfive.com)

*Did you know that “National High-Five Day” is Thursday, April 19, 2018?*

*Would you rather see a bunch of humans slapping palms or would you rather see cuddly cats get in on the action? That’s what we thought.*

At The Jackson Galaxy Project, a Signature Program of GreaterGood.org, we know cats love to be able to join in on high-fiving fun!

Teaching shelter and rescue cats to high-five is just one of the many things our *Cat Pawsitive* program does to provide mental and physical enrichment, improve quality of life, and help get cats adopted. To spread the word, we are giving YOU the chance to win cash and food grants for your shelter!



***HOW TO WIN a \$5,000 Grant for Your Favorite Animal Shelter or Rescue Organization, plus 10,000 bowls of food!***

You can help us spread a “pawsitive” message about cat adoption *and* be entered for a chance to win a \$5,000 cash grant and 10,000 bowls of Halo® pet food from GreaterGood.org, Halo Pets, and FreeKibble.com!

***ALL YOU HAVE TO DO:***

- Teach one (or more!) cats to high-five using the instructions provided here.
- Post a photo or video on **Facebook** or **Instagram** of the cat giving a high-five. Be sure to tag **@HaloPets** AND **@TheJacksonGalaxyProject** in your post and use the hashtag **#CatPawsitive**. Deadline is **Wednesday, April 18, 2018, 11:59pm Pacific**.
- Photos and videos will be judged on National High-Five Day by the Cat Daddy himself, Jackson Galaxy!
- Jackson’s top-five high-five entries will each win 10,000 bowls of Halo® pet food for their favorite animal shelter/rescue organization! One of those lucky organizations will *also* receive a \$5,000 grant from GreaterGood.org!

## ***Sounds Fun! (It is) So How Do I Train My Cat to High-Five? (It's Easier Than You Think)***

### **JUST FOLLOW THE DIRECTIONS BELOW:**

Training should always be a fun and exciting interaction between your cat and you. Before you even start training, part of the fun for *you* that creates excitement for your *cat* will be finding a “special something” that your cat really loves.

In the training world, that special something is called a “reinforcer.” It’s similar to a reward in that it is something your cat really likes and will work for. Reinforcers fall into three categories:

- Food, such as treats, canned cat food, deli meats
- Toys, such as fuzzy mice, balls, wand toys, etc.
- Interactions, such as petting, brushing, or talking

Pick the one that your cat likes best! This will be the “reward” for learning and performing a behavior, in this case a high-five.

### ***Choose a Training Marker***

A “training marker” is a sound the cat hears immediately after successfully completing a desired behavior. In The Jackson Galaxy Project’s *Cat Pawsitive* program, we use special devices called “quiet clickers” to make the sound. The clicker’s sound, when immediately followed by a reinforcer, means they got it right!

If you don’t have a quiet clicker, you can replace the “click” with a clicking sound you make with your tongue, or you can use the quiet clicking sound of a click-top pen. You can also use your voice by saying “Yes!” in an excited, encouraging tone.

### ***Quick Click Tip:***

*Hold the clicker in your pocket or behind your back, because the sound (if too close to the cat’s face) can startle a cat if they are not used to it.*

### ***Training Your Cat to “High-Five”***

Cats often use their paws to touch items in front of them. This is what makes high-five so easy to teach for most cats. It is best to do training at a time of day when your cat is likely to be active and expecting to spend time with you. Meal time or play time is the perfect training time! When you are ready to start training, have your cat’s favorite reinforcer nearby.



#### ***Step One***

With a flat hand, show your cat your palm (your side of the high five) by placing your palm in front of and just above your cat’s head. This will encourage your cat to reach toward you. Make sure it isn’t too far away that they can’t touch your hand.

#### ***Step Two***

Wait for your cat to touch your palm with their paw. This may require some patience!

#### ***Step Three***

As soon as you feel your cat touch your palm with their paw, *immediately* click your clicker. Then immediately give your cat the chosen reinforcer (a small piece of food, a few seconds of play with a toy, or a few gentle pets).

#### ***Step Four***

Remove your hand. After waiting a few seconds, repeat steps 1-3 about 10 times.



## Step Five

When you are confident that your cat will place their paw on your palm, you can say, “High-Five” when you are showing your cat your palm. Remember to click or say “Yes!” and provide the reinforcer as soon as they successfully complete the high five!

## Step Six

Get your camera out, or even better, have a friend snap a creative picture or video of you and the cat high-fiving away. Post to Instagram or Facebook using the hashtag #CatPawsitive, and tag your shelter, @TheJacksonGalaxyProject, and @HaloPets.

Here’s a great post example:



***If your shelter or rescue organization is interested in learning more or applying for the Cat Pawsitive program, contact The Jackson Galaxy Project at [catpawsitive@greatergood.org](mailto:catpawsitive@greatergood.org).***

